

# The Standard

Friday, June 25, 2010 28°C 77%

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## BREAKING NEWS



### POTSHOT



## Health & Beauty

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### Swimming partner

Ivy Ong-Wood

Tuesday, June 15, 2010

It's easy to lose track of the laps you've done when swimming. So Swimovate's Pool Mate (HK\$890), which calculates laps and calories burned, is such a godsend. You don't even have to set it - just input your weight, length of the swimming pool and which wrist you are wearing it on before you start.

The watch-cum-counter works like a motion detector. When it detects a regular pattern of movement, it knows that you've started swimming. A gap in the pattern tells it you've turned around to start a new lap.

Where to buy: Escapade Sports, 19 Leighton Road, Causeway Bay. Tel: 2891-1855



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