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HONG KONG & MACAO

“ The ancient art of tea is still revered in Hong Kong, and the best, most fragrancd and exotic varieties can be found at Fook Ming Tong Tea Shop

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addresses, hidden shops, boutique sales and trendy tailors, Lucy Haslewood is the go-to-person, with a local and international following. Check out her blog before you go anywhere for anything.

GYM EQUIPMENT

• ESCAPADE SPORTS

1/F Yee Hing Building, 19 Leighton Road, Causeway Bay

Tel: +852 2891 1855

www.escapade.com.hk

Escapade is a one-stop-shop for all sports fanatics which features hard to find sports equipment for fitness enthusiasts.

There's everything from leisure wear to triathlon technical clothing and the coolest trainers coveted by young jocks and older wannabes.

TEA

• FOOK MING TONG TEA SHOP

Shop 3006, IFC Mall, Central

Tel: +852 2295 0368

www.fookmintong.com

The ancient art of tea is still revered in Hong Kong, and the best, most fragrancd and exotic varieties can be found at Fook Ming Tong including Anxi Ti Guan Yin, Long Jim, Zhejiang

Jasmine, Fu Ding Silver Needle and more. Exquisite teapots, delicate cups, and related accessories are all available, as are knowledgeable experts to advise you on your choices. Probably one of the best gifts you can take back home.



WINE STOCKISTS

• BERRY BROS & RUDD

3/F The Lee Gardens, 33 Hy-san Avenue, Causeway Bay

Tel: +852 2907 2112

www.bbr.com.hk

Berry Bros & Rudd, which has been in the UK for more than 300 years, opened in HK just 10 years ago and stocks a fabulous range of wines. It picked up a host of accolades and awards from the wine trade this year, including that of Best Wine Merchant of the Year at the International Wine Challenge. The Hong Kong shop won't disappoint.

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